



17 TRAITS  
CHRISTIAN WOMEN  
**WANT MOST**  
IN A MAN

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# It's time to hold your dream girl.

"So... What exactly do girls even want?" If you have ever asked this question, you are in the right place.

Society and the media share a lot about what they think women want in a man. Honestly, most of it is nonsense! This is especially the case with what Christian women want in their man.

As a man, you are told a bunch of lies that are hurtful and not helpful. Trying to sort through all the voices can be very confusing and discouraging.

These 17 traits are what high-quality women want most. If you are looking for someone to laugh with you, cry with you, and love you her whole life, these are the things she wants in you.

It's not about being someone you aren't, training for hours on end in a gym, being perfect, or even playing mind games to say just the right thing.

These are traits that have stood the test of time and mean the world to a good woman! The best part is that they apply no matter your age or what your past relationships (or lack of relationships) have been.

Make sure you apply what you learn and you'll have taken your very first steps to becoming the dream man of your dream girl!

So, let's get started with the 17 Traits Christian Women Want Most in a man! As a note, I'm sharing these in no specific order of importance.



# 17 Traits Christian Women Want Most in a Man

## 1 - Kindness

Fun Fact: I know I just mentioned that these are in no specific order of importance BUT this is kind of the exception. Research shows that the #1 thing women want in a partner is kindness. What could possibly be better than being with someone who treats you well?

### Try This:

- Show her respect by always acting like a gentleman
- Sincerely compliment her
- Be sensitive about her insecurities. Let her know it's okay with you that she's human
- Show respect to others including strangers, children, and animals

## 2 - Honesty

An honest man is a man who can be trusted. She knows he's got her back. She doesn't have to worry about him cheating or being fake with her. A woman feels safe with an honest man.

### Try This:

- Never hide things from her
- Have open discussions
- Decide now you will never cheat and hold to that



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## 3 - Pursuing

When a man pursues a woman it lights her heart on fire. She feels feminine and protected, wanted, and attractive. It builds trust in her man.

### Try This:

- Pursue her by asking her out, texting her first, getting her number instead of giving her yours, etc
- Respectfully let her know you are interested in her and proactive about a relationship
- Hone your pursuing skills so you can portray confidence and competence

## 4 - Dressing Nice

The way we dress says a lot about how much respect we have for ourselves *and* for who we are with. When a guy wants to look nice for his girl, she feels loved and cared for. *Plus*, she loves to see you looking so fine~

### Try This:

- The right fit will make or break your wardrobe. Only wear clothes that fit you well
- Make sure your style is up-to-date, masculine, and modern. This is especially true as you get older
- Complete the look. You want to look nice from head to toe instead of a piece here and there. Remember to add accessories for the full impact
- Grooming and hygiene are just as important. Keep a nice style to your hair. If you are worried about balding, you may want to consider shaving it all. Many men shave their entire heads and are still very attractive. Also, keep your facial hair trimmed and neat
- Dress appropriately for your age and the activities you do together



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## 5 - Confidence

Confident people are attractive *by default*. They just are! When a man is confident, a woman is drawn to him. She feels safer with him and knows she can count on him. His self-respect and inner strength shine through and that is always irresistible.

### Try This:

- Practice confident body language. Stand up straight, look her in the eye, and smile. You are amazing, don't forget it!
- Practice that body language when you are with people who don't make you nervous, to prepare you for when you're with that cute gal
- Be aware that you will probably feel "imposter syndrome" and don't let it stop you. It will go away quickly as you're consistent and you'll feel confident and empowered

## 6 - Supportive

Everyone wants to be encouraged and cheered on. Girls are no exception. When that special someone in her life is also her biggest supporter, she feels she can do anything and she sees him as an inseparable part of her life.

### Try This:

- Encourage her in the things she enjoys and wants to do
- Let her know you've got her back and believe in her
- Show interest in what's important to her. Ask questions and be involved in her life



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## 7 - Positive Attitude

The most enjoyable people to be with are those who have a positive outlook on life. People who help us forget our worries and focus on faith. Life has its twists and turns and knowing you have someone by your side who is willing to keep going and keep trusting is priceless. Happy people make the best and most desirable partners.

### Try This:

- Focus on the good around you rather than the bad
- Actively look for solutions rather than problems
- Don't take things too seriously. "Roll with the punches," as they say
- Focus on faith and how God will take care of you and make things right

## 8 - Physically Attractive

I know this intimidates a lot of people but, before you freak out, this doesn't mean to look like a weightlifting champion or a supermodel. It means taking care of yourself. Physically working to stay healthy and in shape. Dressing well, as I mentioned earlier, keeping your style modern and sharp. Basically, taking healthy pride in the way you present yourself. She knows you are hot and she likes to see it.

### Try This:

- Focus on appropriate amounts of exercise, getting enough sleep, stress management, and eating a balanced diet.
- Keep your grooming and personal hygiene sharp
- Use the guidelines for dressing nice in trait #4
- Look for solutions. Ask yourself what simple things you can do and then follow through





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## 9 - Religious but NOT Snobby

As a Christian woman, nothing matters more than having a man in her life who loves Jesus even more than he loves her. A man who has integrity. A man who works to stay close to God and helps her do the same. *But* she is not looking for a man who uses religion as a way to control others or feel better than them. It's about his heart. As long as his heart is focused on God and not pride, she knows her heart is safe with him.

### Try This:

- Develop a personal relationship with God and make Him the #1 person in your life
- Make personal prayer and scripture study a priority
- Never use religion as a way to bully, control, or manipulate another person

## 10 - A Healthy Relationship

Everyone wants a healthy relationship even if they don't call it by that name. A relationship that is built on trust, respect, love, and kindness. It means marrying your best friend. Knowing how to create this type of relationship is essential to have one. You *must* make learning and maintaining dating and relationship skills a priority. Toxic habits and beliefs must be left behind.

### Try This:

- Educate yourself on the signs of a toxic person
- Keep toxic people and toxic relationships out of your life
- Look for any toxic habits in yourself
- Make learning and maintaining solid dating and relationship skills a priority
- Actively practice high-value habits



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## 11 - Assertiveness

Nothing is less attractive to a woman than a guy who doesn't have a backbone. A guy who stands for nothing. On the flip side, nothing is more attractive than a man who knows his own mind. A man who stands for something. A man who holds his ground. He holds it respectfully, but he holds it. This can quickly make you her hero~

### Try This:

- Know what you believe in and what is important to you
- Decide what your personal boundaries are
- Be willing and prepared to stand up for yourself in a kind but firm way
- Remember that it is not unkind to set boundaries as long as you are respectful. Jesus set boundaries and was still kind
- Allow others their own boundaries and opinions as well

## 12 - Passion and Purpose

No one wants to be with a person who has no purpose, a person who drifts through life. A man who has passion and purpose, on the other hand, is interesting, exciting, and enjoyable. They spend their time engaged in good things and make a much better partner.

### Try This:

- Set time aside to work on your hobbies and interests
- Write a list of the things that make you happy. Do those things more often
- Write a list of things you would like to learn and start doing. Someone who is always learning is always interesting
- Set time aside to serve others. This can be in your community, family, neighborhood, or across the world.





# 17 Traits Christian Women Want Most in a Man

## 13 - A Real Man

Let me explain this a bit, everything we've been covering helps to make a real man. When I say "real man" here, I mean a man who is real! She doesn't want someone fake or plastic feeling. She wants a guy who is as dorky, imperfect, and down-to-earth as she is. A man who can laugh at himself and keep going.

### Try This:

- Don't take yourself too seriously. Laugh at yourself when you need to
- Be willing to open up and show her your soft side. Letting yourself be vulnerable lets her know who you are, that she can be vulnerable too, and that she is safe with you
- Be playful and human
- Avoid taking her too seriously. Let her be human too

## 14 - Compassion and Gentleness

None of us are perfect and every woman is painfully aware of her imperfections. This is especially true in a world that constantly tells women they need to be more... of everything. Having a man by her side who is gentle and shows her compassion will mean more to her than any woman could ever describe. He will win and keep her heart forever.

### Try This:

- Be sensitive about her insecurities and weaknesses. Let her know she is still amazing even when she makes mistakes
- Help her laugh things off and not take them too seriously. Never laugh at her but help her let it all go
- Show her that you don't expect perfection from her



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## 15 - Maturity

We aren't teenagers anymore, and she isn't looking for a man who acts like one. It's totally okay (and even good) to be playful and childlike. But childish behavior will make her run away. She wants a man who can walk by her side, not a child to babysit. When he leaves high school silliness behind he steps into the role of a man. This captivates her feminine heart.

### Try This:

- Step up when something needs to be done
- Step in when someone needs help
- Remember that showing initiative is what makes you masculine and turns you into a leader
- Focus on being childlike, not childish

## 16 - Respect for Her and Himself

The best relationships are built on respect. Respect for you and for your partner. When a man has respect for himself, he stays true to who he is and who God created him to be. He doesn't settle or let people walk on him or on her. When a man respects a woman, she feels safe, protected, and loved.

### Try This:

- Set boundaries to show that you respect yourself
- Respect her boundaries to show respect for her
- Take good care of your things (car, house, etc.)
- Treat other's things respectfully
- Respect other's boundaries, ways of doing things, and traditions



# 17 Traits Christian Women Want Most in a Man

## 17 - A Good Guy

There are many things women want in their man. I could go on *but* at the end of the day, what she really wants is a good guy. A man with inner strength and integrity. A man confident enough to stand for what he believes in. A man who treats her the way God wants his daughters to be treated. A man who is morally clean and will support her in her values and standards. A man she can count on. He doesn't have to be perfect or fake, just trying. A good girl knows her heart and life are safe with a good guy.

And just to clarify, this doesn't mean a man who's never made a mistake. We're all human here! We've all made mistakes. Instead, it's about where your heart and actions are right now. A woman needs to see you're trying with all your might to be the best, most high-value man possible. That's how she knows you're authentic and real.

### Try This:

- Be fully committed to your relationship with God
- Remember that the sexiest thing a man can ever be is morally clean.  
Never look at, watch, listen to, or participate in anything inappropriate.  
Keep your language clean
- Serve others and be willing to help



# 17 Traits Christian Women Want Most in a Man

## What's Next?

Congratulations! You now know 17 traits that Christian women want the very most in a man. Were you surprised by anything you learned?

How do you move forward from here? I have two things for you to remember:

1 - Actively apply what you just learned. Don't overwhelm yourself, take it slow if you need to, review it as many times as you like, but apply it. This information only works if you do.

2 - Now that you're armed with insights into the true desires of high-value women, are you ready to deepen your mastery of love and attraction? For men committed to transforming their love life, *Attracting Lasting Love Academy* is your next step. Here, I'll personally navigate you through the essentials to not only discover but also win the heart of a compassionate, Godly woman who embodies femininity and grace.

Numerous men have transitioned from feeling overlooked to cherished daily by their dream girl, thanks to my guidance. It's your turn to experience this transformative journey!

Remember, enrollment for the Academy opens only a few times each year. Stay alert for my announcements in your inbox to seize this life-changing opportunity.

The last thing I want to say is "Thank you!" Thank you for being such a good man and for wanting to treat women right. You have so much to offer and are going to make someone VERY happy. I can't wait to guide you towards the tender, satisfying love you deserve. Here's to your dream girl!

- **Coach Melannie**

